

La Marea

RISE & SHINE

TWO EGGS COOKED TO ORDER 10

THREE EGGS / EGG WHITE OMELET 14

CHOICE OF THREE INGREDIENTS

TOMATO, RED ONION, RED PEPPER, ASPARAGUS,

MUSHROOM, CHORIZO, HAM, SMOKED SALMON,

AGED CHEDDAR, SWISS CHEESE,

GOAT CHEESE, GREEK FETA

ADDITIONAL INGREDIENTS 2/EACH

EGG WHITE FRITTATA 15

ZUCCHINI, ROMA TOMATOS,

ASPARAGUS, FRESH HERBS

WITH SHRIMP 21

* ALL SERVED WITH HOME STYLE POTATOS

BUTTERMILK PANCAKES 14

CHOICE OF PLAIN OR BLUEBERRY

BUCKWHEAT PANCAKES 16

MIXED BERRY COMPOTE

EGGS BENEDICT 15

SMOKED SALMON 18

FRENCH TOAST 16

FRENCH BAGUETTE, NUTELLA, STRAWBERRIES

RICE KRISPY FRENCH TOAST 14

COCOA, FRESH BANANAS, DULCE DE LECHE

SPECIALTY COFFEE

MOUNTAIN GOLD COFFEE 4

MOUNTAIN GOLD DECAF COFFEE 4

ESPRESSO/DOUBLE 5/6

CAPPUCCINO/DOUBLE 5/6

MACCHIATO 5

SOY LATTE 5

CAFÉ AU LAIT 5

ICED COFFEE 4

JUICES \$5

ORANGE, GRAPEFRUIT, MANGO, PASSION,
APPLE, CRANBERRY, PEACH, GUAVA, TOMATO

SMOKED SALMON 16

TRADITIONAL ACCOMPANIMENTS

FRESH SEASONAL FRUIT PLATE 15

EARTHBOUND FARMS ORGANIC GRANOLA 17

SERVED WITH LOW FAT YOGURT, SEASONAL BERRIES

TIDES HOME MADE MUESLI 14

DRIED ORGANIC FRUIT, LAVANDER HONEY, CINNAMON

CEREAL AND MILK 6

RICE KRISPIES, SPECIAL K, CHEERIOS, FRUIT LOOPS,

FROSTED FLAKES, CORN FLAKES, RAISIN BRAN

FRESHLY BAKED SELECTION OF PASTRIES 3/EACH

TOAST AND WHIPPED BUTTER 3

WHITE, WHEAT, MULTI GRAIN, RYE, BRIOCHE,

ENGLISH MUFFIN, PLAIN BAGEL

SIDES \$5

APPLEWOOD SMOKED BACON

SAGE SAUSAGE

CHICKEN APPLE SAUSAGE

TURKEY BACON

HOME STYLE POTATOS

SAUTÉED SPINACH

STEAMED ASPARAGUS

SEASONAL BERRIES

LOW FAT YOGURT

MIGHTY LEAF TEA SELECTION \$5

CHAMOMILE CITRON

GINGER TWIST

GREEN TEA PASSION

VERBENA MINT

JADE ORGANIC

EARL GREY ORGANIC

HIMALAYAN PEAK DARJEELING ORGANIC

ENGLISH BREAKFAST ORGANIC

HOJI CHA ORGANIC

CHINA MIST PASSION ICE TEA

MILK \$4

WHOLE, 2%, SKIM, SOY

CONSUMING RAW OR UNDERCOOKED MEATS, POULTRY, SEAFOOD, SHELLFISH OR EGGS MAY INCREASE YOUR RISK OF FOODBORNE ILLNESS.
AN EIGHTEEN PERCENT SERVICE CHARGE IS ADDED TO ALL GUEST CHECKS.